

Acupuncture & Chinese Medicine

Specialist Postgraduate Diploma Course

2010~2012

Chinese Herbal Materia Medica & Prescription



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Welcome

Dear Doctor/ Practitioner,

Thank you for your enquiry on our specialist postgraduate course in Chinese Herbal Material Medica.

Chinese Herbal Medicine is the primary tool for the Chinese physician before acupuncture. Herbal formulation reflects the spit of syndrome differentiation which is the essence of Chinese Medicine.

The modern face of Chinese herbal medicine stems from a long herbal tradition of more than 5000 years. The legendary figure She Nong sampled hundreds of herbs in order to classify them form medicinal uses including some toxic plants. He became consequently ill with symptoms that he methodically recorded for future generations. He died in a coma as a result of his study.

Chinese medicine is an evolutionary medicine which was built on thousands of years of clinical trails and experience that distinguish its unique position as a holistic, natural and ecologically based system of medicine. Early records includes the Yellow Emperor Classic of Internal Medicine (200BC) and the Shi Jing cannon of poetry (Zhou Dynasty 600BC), which recorded the function of Bai Shao Yao (peony root), Gou Qi Zi (wolfberry fruit) Cang Er (Xanthium fruit). In the period of Spring and Autumn and Warring State, Yin and Yang theme was conceived providing the view of balance within our body just like the universe between positive and negative matters. Chinese herbal medicine being an inseparable part of Chinese medicine was classified according to Yin and Yang properties of the herbs. The concept of using hot to treat 'cold' diseases and cooling herbs to treat heat syndrome are influential factors in the development of the system of Chinese medicine.

The concept of balancing excesses with purging-detoxifying herbs and the concept of complex herbal medicine using herbal properties such as bitter herbs, sweet herbs pungent and salty herbs (softening lumps and tumour) are all discoveries contributory to the formation of Chinese materia medica. The recent practice of using a cocktail of drugs to treat HIV and cancer confirms the aged old Chinese practice of combining various herbs in a formula for treatment. This is a complex medicine methodology according to holistic principle of syndrome differentiation. As syndrome changes, we add subtract ingredients within a Chinese herbal formulae according to the principles of material medica.

This diploma course will concentrate on the classifications of Chinese herbs, illustrating the nature and functions of each herb within a TCM formula, which will include 200 single herbs and 100 formulae. This course based on lecturers, clinical practice and patients case studies.

Confirmation details of programme, hotel, car parking etc. will be sent to you upon receiving your booking.

We look forward to hearing from you.

Yours sincerely,

Course Organiser

Course Overview

Duration: 2 years (28 modules)

Chinese Herbal Materia Medica is an important part in the practice of Chinese medicine. A physician needs thorough knowledge of at least **200 herbs and 100 formulae** in order to individualise their prescription to their patients.

Chinese Herbal Materia Medica is not just a scholarly subject but also an important tool for clinicians. This course uses an innovative approach in teaching the practitioners who are already using patent medicine but wishes to go on to issuing individualised herbal prescription. It is intended for the graduate of the DCMAc and DCHAc diploma course or equivalent qualification.

The course consists of 28 modules being covered in two years. Two modules are given at a time at the weekend. This course includes dispensary practice, prescription tuition with patients, clinical practice tests and a final examination.

Entry Requirements

- Qualified TCM Practitioner, with relevant acupuncture qualification and knowledge of Chinese Medicine.
- Belonging to a recognised acupuncture professional organisation as a current accredited registered member.
- Proof of education in the area of Chinese medicine & acupuncture training to a recognised standard.
- Candidates that do not satisfy the above criteria can request an admission interview

Fees, Cancellations, Refunds and Transfers

Fees: One module (day) is charged at £180.00. This includes course notes, clinical tuition, patients for case studies, refreshments and Chinese buffer lunch. Price includes VAT.

- Book 6 modules, three months before the course starts qualifies for a 10% discount (£1,080.00 less £108.00) **£972.00**
- Book the complete 28 modules in advanced qualifies for more that 20% discount (£5,040.00 less £1040.00) **£4,000.00**
- Examination Fee of **£180.00** is to be made 4 months prior to the examination date

Courses are in high demand and places are limited, participates are advised to book early to secure a place on the course.

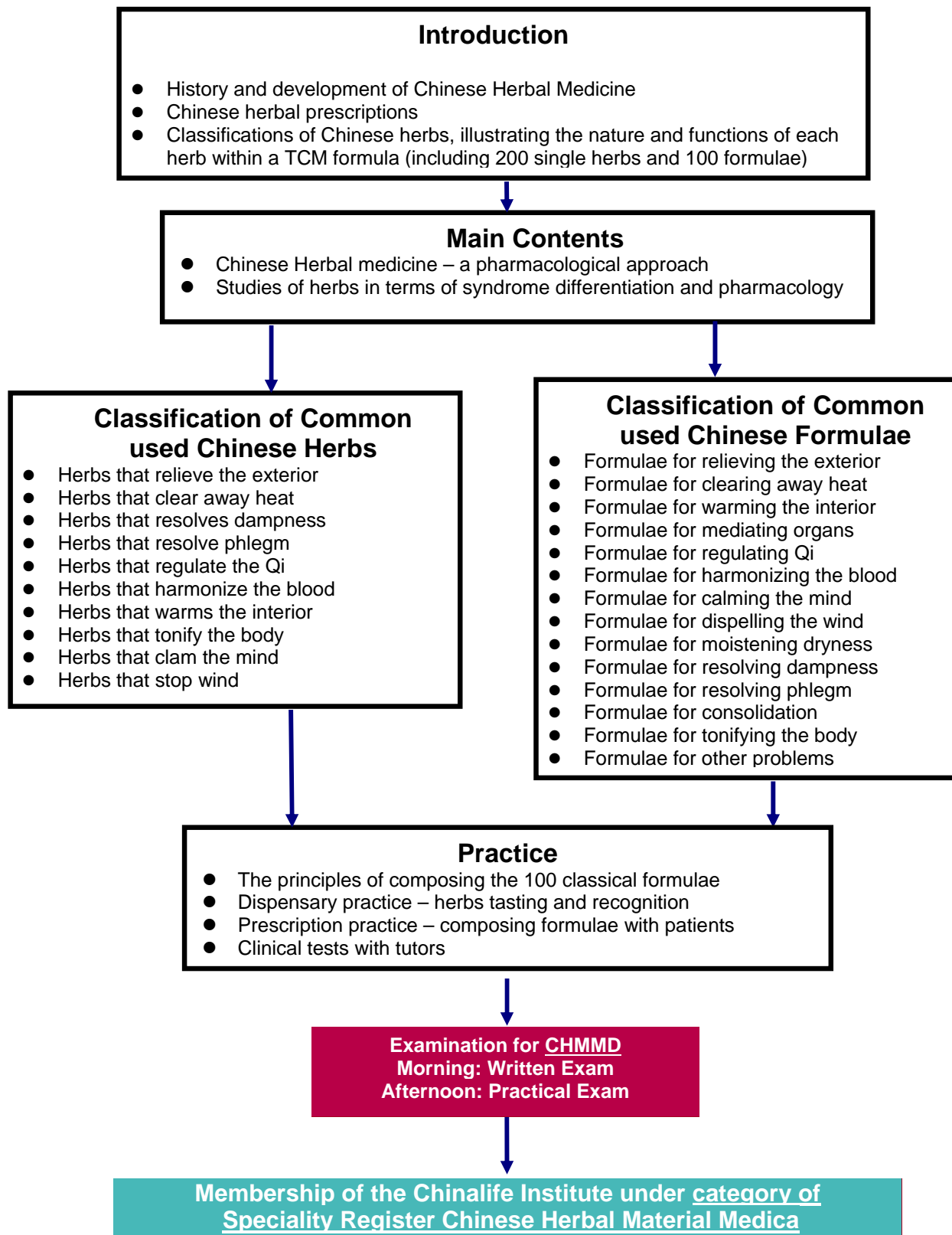
Cancellations and Refunds: We only accept cancellations for refunds in writing 20 working days before the course date. A 5% administration fee will be charged. Refunds cannot be given for cancellations made less than 20 working days prior to the course date.

Transfers: There will be no charge applied, if a request for transfer is made in writing one week before the course date.

Course Changes: Course modules are subject to change and availability, advanced notice will be given – AcuMedic Foundation reserves the right of explanation.

Specialist Postgraduate Diploma Course in Chinese Herbal Materia Medica & Prescription (CHMMD)

Course Structure



Modules Contents (H12010 - H62010)

H12010	<p>Historical Background to Chinese Herbal Materia Medica Basic Principles of Combining Herbs Hierarchy in Herbal Formula Clinical Application of Chinese Herbs and Formulae Si Jun Zi Tang(C15), Si Wu Tang(C22), Ba Zhen Tang(C25) Practical X1, for Syndrome Differentiation and Herbal Effect Practical X1, Qi and Blood Deficiency Type</p>
H22010	<p>Clinical Application of Chinese Herbs and Formulae Xiao Yao San(C24), Jia Wei Xiao Yao San(C44), Liu Wei Di Huang Wan(C20), Ba Wei Di Huang Wan(C38), Zhi Bai Ba Wei Wan(C59) Practical X1, Qi Stagnation With or Without Stagnated Fire Type Practical X1, Kidney Yin Deficiency With or Without Empty Fire Type</p>
H32010	<p>Clinical Application of Chinese Herbs and Formulae Liu Jun Zi Tang(C27), Shi Quan Da Bu Tang(C9), Gui Pi Tang(C56), Huang Lian Jie Du Tang(C7), Tao Hong Si Wu Tang(C77), Er Chen Tang(C116) Practical X1, Spleen Qi and Heart Blood Deficiency Type Practical X1, Blood Stasis Type, Excessive Fire Type, Phlegm Type</p>
H42010	<p>Clinical Application of Chinese Herbs and Formulae Chai Hu Shu Gan San(C6), Bu Zhong Yi Qi Tang(C8), Wen Dan Tang(C10), Jia Wei Wen Dan Tang(C49), Wu Wei Xiao Du Yin(C115), Long Dan Xie Gan Tang(C1) Practical X 2</p>
H52010	<p>Clinical Application of Chinese Herbs and Formulae Gui Zhi Tang(C109), Xiao Qing Long Tang(C4), Li Zhong Tang(C111), Shen Ling Bai Zhu San(C29) Practical X 2</p>
H62010	<p>Clinical Application of Chinese Herbs and Formulae Xiao Chai Hu Tang(C102), Da Chai Hu Tang(C110), Zhi Sou San(C81), Chuan Xiong Cha Tiao San(C32) Practical X 2</p>

Modules Contents (H72010 - H162010)

H72010	Clinical Application of Chinese Herbs and Formulae Yin Qiao San(C51), Sang Ju Yin(C52), Ban Xia Xie Xin Tang(C39), Yue Ju Wan(C103) Practical X 2
H82010	Clinical Application of Chinese Herbs and Formulae Bai Du San(C5), Fang Feng Tong Sheng San(C21), Dao Chi San(C105), Qing Ying Tang(C99) Practical X 2
H92010	Clinical Application of Chinese Herbs and Formulae Su Zi Jiang Qi Tang(C61), Ding Chuan Tang(C17), Gui Zhi Fu Ling Wan(C113), Ba Zheng San(C78) Practical X 2
H102010	Clinical Application of Chinese Herbs and Formulae Tian Tai Wu Yao San(C12), Bai Tou Weng Tang(C2), Dang Gui Long Hui Wan(C126), Da Bu Yin Wan(C107) Practical X 2
H112010	Clinical Application of Chinese Herbs and Formulae Suan Zao Ren Tang(C35), Tian Wang Bu Xin Dan(C53), Ling Gui Zhu Gan Tang(C112), Zhi Gan Cao Tang(C11) Practical X 2
H122010	Clinical Application of Chinese Herbs and Formulae Qing Zao Jiu Fei Tang(C118), Yang Yin Qing Fei Tang(C48), Jin Suo Gu Jin Wan(C14), Ban Xia Bai Zhu Tian Ma Tang(C55) Practical X
H132010	Clinical Application of Chinese Herbs and Formulae Xiao Feng San(C93), Dang Gui Yin Zi(C92), Mai Men Dong Tang(C18), Xue Fu Zhu Yu Tang(C117) Practical X 2
H142010	Clinical Application of Chinese Herbs and Formulae Wu Mei Wan(C60), Xian Fang Huo Ming Yin(C31), Zhen Wu Tang(C26), Wu Ji Bai Feng Wan(C74) Practical X 2
H152010	Clinical Application of Chinese Herbs and Formulae Hai Zao Yu Hu Tang(C98), Tong Jing Fang(C86), Wu Ling San(C101), Du Huo Ji Sheng Tang(C50) Practical X 2
H162010	Clinical Application of Chinese Herbs and Formulae Jia Wei Xin Yi San(C54), Er Zhu Tang(C46), Huo Xiang Zheng Qi San(C58), Yi Yi Ren Tang(C42) Practical X 2

Modules Contents (H172010 - H282010)

H172010	Clinical Application of Chinese Herbs and Formulae Er Xian Tang(C100), Liang Xue Xiao Yin Tang(C95), Qing Shang Fang Feng Tang(C37), Qing Bi Tang(C19) Practical X 2
H182010	Clinical Application of Chinese Herbs and Formulae Bu Shen Zhuang Yao Tang(C96), Xiong Feng San(C80), Qing Kai Ling(C124), Qian Jin Nei Tuo San(C47) Practical X 2
H192010	Clinical Application of Chinese Herbs and Formulae Kang Zi Gong Ji Liu Fang(C84), Qu Zhi Xiao Cuo Tang(C94), Miao Dan(C129), Mian An San(C119) Practical X 2
H202010	Clinical Application of Chinese Herbs and Formulae Ru Kuai Xiao(C125), Shen Pi Yu Fang Tang(C63), Shi Re Bi Tong Tang(C108), San Bi Tang(C57) Practical X 2
H212010	Clinical Application of Chinese Herbs and Formulae Bu Gu Fang(C3), Jiang Ya Fang(C121), Zi Shen Tong Er Wan(C34), Kang Bing Mian Yi Fang(C79) Practical X 2
H222010	Clinical Application of Chinese Herbs and Formulae Kang Ai Fang(C82), Ai Zheng Zhi Tong Fang(C83), Da Huo Luo Wan(C75), Zheng Gu Zi Jin Dan(C43) Practical X 2
H232010	Clinical Application of Chinese Herbs and Formulae Qing Gan Ming Mu Tang(C41), Bian Tong Tang(C120), Er Zhi Wan(C106), Dang Gui Bu Xue Tang(C23) Practical X 2
H242010	Clinical Application of Chinese Herbs and Formulae Niu Dan Chuan Bei Mu(C76), Xiao Zhi Wan(C36), Wei Ling Tang(C97), Ling Gan Wu Wei Jiang Xin Tang(C30) Practical X 2
H252010	Review of all the Herbs Preparation and revision for examination
H262010	Review of all the Formulae Preparation and revision for examination
H272010	Summary Lecture Preparation and revision for examination
H282010	Mock Exams Preparation of written & practical with questions & answers

Course Dates for 2010 – 2012

Chinese Herbal Materia Medica & Prescription (CHMMD)

H12010	25 th Sep. 2010	Tonifying Qi and Blood Herb & Formulae
H22010	26 th Sep. 2010	Soothing Liver Qi Herb & Formulae Tonifying Kidney Herb & Formulae
H32010	27 th Nov. 2010	Tonifying Spleen and Stomach Herb & Formula
H42010	28 th Nov. 2010	Clearing Away Heat Herb & Formulae Clearing Away Heat and Toxin Herb & Formulae Tonifying Qi Herb & Formulae
H52010	19 th Feb. 2011	Warming Internal Herb & Formulae
H62010	20 th Feb. 2011	Eliminating Dampness Herb & Formulae Reliving Exterior Syndrome and Stop Cough Herb & Formulae
H72010	26 th Mar. 2011	Reliving Exterior Syndrome Herb & Formulae
H82010	27 th Mar. 2011	Reliving Stagnation Herb & Formulae Clearing Away Qi and Blood Heat Herb & Formulae
H92010	16 th Apr. 2011	Reliving Asthma Herb & Formulae
H102010	17 th Apr. 2011	Reliving Diarrhoea Herb & Formulae
H112010	21 st May 2011	Treating Insomnia Herb & Formulae
H122010	22 th May 2011	Moistening Lung Herb & Formulae
H132010	18 th Jun. 2011	Promoting Blood Circulation Herb & Formulae
H142010	19 th Jun. 2011	Regulating Menstruation Herb & Formulae
H152010	17 th Sep. 2011	Treating Bi Syndrome Herb & Formulae
H162010	18 th Sep. 2011	Eliminating Dampness and Tonifying Spleen and Stomach Herb & Formulae
H172010	22 nd Oct. 2011	Treating Menopause Herb & Formulae
H182010	23 rd Oct. 2011	Tonifying Kidney Herb & Formulae
H192010	19 th Nov. 2011	Treating Fibromyoma Herb & Formulae
H202010	20 th Nov. 2011	Treating Arthritis Herb & Formulae
H212010	25 th Feb. 2012	Treating Hypertension Herb & Formulae
H222010	26 th Feb. 2012	Improving Immune System Herb & Formulae Treating Cancer Herb & Formulae
H232010	31 st Mar. 2012	Treating Constipation Herb & Formulae
H242010	01 st Apr. 2012	Treating Phlegm Herb & Formulae Treating Haemorrhoids Herb & Formulae
H252010	28 th Apr. 2012	Review of All the Herbs
H262010	29 th Apr. 2012	Review of All the Formulae
H272010	09 th Jun. 2012	Summary Lecture
H282010	10 th Jun. 2012	Mock Examination

Examination

Events and Extra Curriculum

Examination at Diploma Issue

On completion of the full course, students can attend the final examination which is held every two years. The examination is divided into two parts – part I is a written examination to assess the understanding of formulae of Chinese herbal medicine. Part II is a clinical examination to test the practical skills and techniques of prescribing Chinese herbal medicine formulae.

Clinical Tuition

Clinical tuition is an essential part of the course and the most effective way to train and enhance your practical skills and techniques. Clinical training is carried out under the supervision of the clinical tutors with patients at the AcuMedic Clinic. Each group consists of 6-10 students.



Medical Trip to China

AcuMedic Clinical Trips to China hospitals are arranged every two years for the duration of approximately two weeks. The tour is designed for those who wish to acquire first hand knowledge of acupuncture and Chinese Medicine as practised in Chinese hospitals, including observation, tutorial instructions and clinical practice. Extensive sightseeing programmes are arranged for the participants and their accompanying family.



Specialist Symposium

From time to time specialist symposium are arranged by the course organiser for the purpose of updating and introducing the latest Chinese medicine and acupuncture related techniques from different parts of the world. This process adds an international dimension to the course.



Application & Booking Form Chinese Herbal Materia Medica and Prescription 2010

Your Details

Title: Dr/Mr/Mrs/Ms First Name _____ Surname _____

Address _____

Post code _____

Home Number _____ Mobile _____

Email _____

Professional Education

Your Profession _____

Please enclose copies of your qualifications along with your application/booking form

(The AcuMedic Foundation reserve the right of admittance to the course)

- Registered Traditional Chinese Medical Practitioner Registered Acupuncturist
 Medical Doctor Other profession (Please specify) _____

Course Booking

Chinese Herbal Materia Medica and Prescription 2010 -2012 14 Weekends (28 modules) - Course commences on Saturday & Sunday

Payment Schemes: **Full Cost of the Course £5040.00**

- Pay Each Weekend Before Attending at £360.00**
(No discount, please complete the direct debit form for the total of 14 weekends)

- Three (3) Instalment Payments: Total £4500.00 (discounted more than 10%)**
- | | | | |
|-----------------------------------|-----------------------|------|----------|
| 1 st Instalment before | 20 th Sep. | 2010 | £1500.00 |
| 2 nd Instalment before | 20 th Mar. | 2011 | £1500.00 |
| 3 rd Instalment before | 15 th Sep. | 2012 | £1500.00 |

- One Complete Payment Before the Course Starts at: £4000.00 (discounted more than 20%)**

Please note: The Examination Fee is not included which is to be made 4 months before the exams.

Payment Method

- I enclose a cheque made payable to AcuMedic Foundation for £ _____

- Please debit my credit card for £ _____

Card No. _____ Exp. ____/____ Security Code (3 digits) ____

- I have completed the Direct Debit form attached for the course payment

Payment, Cancellations and Refunds

Payment is to be made in advance before attending the course. We only accept cancellations for a refund in writing 20 working days before the course date. A cancellation fee of 5% will be deducted for any refund.

Refunds cannot be given for cancellations made less than 20 working days prior to the course date

Course Changes: Course modules are subject to change and availability, advance notice will be given – AcuMedic Foundation reserves the right of explanation. **I understand the terms and agreements above**

Sign _____ Date _____