



**CPD
Approved**

Postgraduate Diploma Course in Syndrome Acupuncture & Chinese Medicine for Healthcare Professionals 2010/2012

Organised by:

**The AcuMedic Foundation (London) &
The Beijing University of Chinese Medicine (Beijing)**

Accredited by:

The Chinese Medical Institute and Register (CMIR)

Acupuncture is increasingly being adopted by the NHS and the medical professions. This course has been formulated jointly by the **Chinese Medical Institute and Register (CMIR)** and the **Beijing University of Chinese Medicine**. The aim of this course is to provide a structured syllabus for those who are engaged in a healthcare profession, to administer acupuncture and Chinese healthcare therapy as a complimentary treatment for their patients. **The course assumes training in anatomy and physiology and knowledge of internal medicine.** Participants should be a **registered and accredited member of their respective professional organisation.**

This course teaches you Syndrome Acupuncture (Mainstream acupuncture as practised in China) and is unmatched in expertise and flexibility. It is extremely hands on, with patient demonstrations and clinical tuition. Each module (day) can be taken as part of the diploma course, on its own as a one-off course, or in any combination with any of the rest of the foundation, Intermediate and advanced levels. A certificate of attendance will be issued for those who take one or a combination of modules without taking the full diploma course.

All modules (days) are charged at £180, to include: Extensive course notes, needles, patients for case studies, refreshments and lunch. Practical sessions with patients are carried out on each module with professors and doctors from the Beijing University of Chinese Medicine as well as experts from other institutions. The intensive clinical trainings are also organised separately throughout the course study. The Medical Trip to China will give you the first hand knowledge of acupuncture and Chinese medicine as practiced in Chinese hospitals, including observation, tutorial instructions, and clinical practice. Each session is held at the Main AcuMedic Centre in London, Camden.

Career Development Loans (CDLs) are available

**Contact the Course Administrator: 101-105 Camden High Street, London, NW1 7JN
Tel: 020 7388 6704 Fax: 020 7387 8081/5766 Email courses@acumedic.com**

www.acumedic.com

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Welcome

Dear Colleague,

Thank you for your enquiry for our CPD approved postgraduate courses in Syndrome Acupuncture and Chinese Medicine for Healthcare Professionals.

The course is well received by our attendants, encouraging acclaims from doctors and healthcare professionals of different disciplines. This is one of the best structured courses which teach mainstream acupuncture as practised in China with practical sessions and patient's demonstration. It is organised by the top acupuncturist and Chinese Medicine University with the approval of the State Administration of Chinese Medicine in China. Accredited candidates can join the CMIR as part of the register.

The Foundation level and Intermediate Master Classes are organised in such a way to meet your own level of requirements and time availability.

The acupuncture taught in this course is Chinese syndrome acupuncture as used by mainstream medicine in Asia, as opposed to the much simplified trigger point acupuncture predominantly taught in the west. If you are already practising acupuncture, this course will still be of great value in expanding your knowledge base, especially in terms of theoretic understanding, diagnosis and clinical expertise.

Confirmation details of programme, hotel, car parking etc. will be sent to you upon receiving your booking.

We look forward to hearing from you.

Yours Sincerely,

A handwritten signature in black ink that reads "Man Fong Mei". The signature is written in a cursive, flowing style.

Professor Man Fong Mei
Course Organiser

Entry Requirements

- Belonging to a recognised professional healthcare organisation as a current accredited registered member, or
- Proof of education in the area of health and medicine with professional training in physiology, anatomy to a recognised standard.
- Candidates that do not satisfy the above criteria can request an admission interview.

Fees, Cancellations and Refunds, Transfers

Fees:

Modules (days) are charged at £180.00. This includes extensive course notes, needles, patients for case demonstrations, refreshments and a Chinese buffet lunch. Prices include VAT.

- *Book 4 modules Foundation Course six months prior before the course due to start qualifies for 10% discount (£720.00 less £72.00) £648.00*
- *Book 12 modules Intermediate Course in advance qualifies for 10% discount (£2,160.00 less £216.00) £1,944.00*
- *Book 14 modules Advanced Course in advance qualifies for 10% discount (£2,520.00 less £252.00) £2,268.00*
- *Book 4 modules Clinical Training in advance qualifies for 10% discount (£720.00 less £72.00) £648.00*
- *Book complete 34 modules Diploma Course in advance qualifies for 20% discount (£6,120.00 less £1224.00) £4,896.00*
- *Examination Fee to be made after completing the Advanced Course*

Courses are in high demand and places are limited, participants are advised to book early to secure a place on the course.

Cancellations and Refunds

We only accept cancellations for a refund in writing 20 working days before the course date. A 5% administration fee will be charged. Refunds cannot be given for cancellations made less than 20 working days prior to the course date..

Transfers

There will be no charge applied if a request for a transfer is made in writing one week before the course date.

Course Changes

Course modules are subject to change and availability, advance notice will be given – AcuMedic Foundation reserves the right of explanation.

CPD Approved Postgraduate Diploma Course in Chinese Healthcare and Acupuncture (DCHAc)

Course Structure

Foundation Course

1st w/e Chinese Syndrome Acupuncture I & II
2nd w/e Chinese Medical Theories I & II

Eligible for Associate Membership
of the Chinese Medical
Institute and Register (CMIR)

Intermediate Course

Weekend 1 Chinese Diagnostic Methods I & II
Weekend 2 Syndrome Differentiation I & II
Weekend 3 Electro-Acupuncture, TENS, Laser & Ear Acupuncture and Auriculotherapy
Weekend 4 Soft Tissue Manipulations & Chinese Internal Medicine
Weekend 5 Intermediate Acupuncture I & II
Weekend 6 Patient Care & Chinese Nutrition Therapy

Advanced Course

Weekend 1 Pain Syndromes & Musculoskeletal disorders
Weekend 2 Chinese Gynaecology I & II
Weekend 3 Chinese Dermatology I & II
Weekend 4 Advanced Acupuncture I & II
Weekend 5 Chinese Herbal Medicine I & II
Weekend 6 Summary Lecturers I & II
Weekend 7 Exam Preparation I & II

Clinical Training

Weekend 1 Point Location & Needling Techniques
Weekend 2 Diagnostic Techniques in Depth & Syndrome Differentiation Treatment

Examination for the DCHAc
(Diploma in Chinese Healthcare & Acupuncture)

Day 1

- Written Test on Chinese Medical Theories & Diagnostics
- Written Test on Acupuncture
- Written Test on Chinese Healthcare

Day 2

- Clinical Test with Patient

Accredited Membership of
the Chinese Medical
Institute & Register (CMIR)

Foundation Course in Syndrome Acupuncture

Syndrome Acupuncture I - XF12010

- Meridians and Modern Research
- Medical Application and Effect of Acupuncture
- Classification and Therapeutic Properties of Acupoints
- Method of Locating Acupoints
- Commonly Used Acupoints
- Ear Acupuncture and Moxibustion (introduction)

Syndrome Acupuncture II - XF22010

- Commonly Used Acupoints
- Modern Techniques in Acupuncture
- Principle in Selecting Acupoints
- Common Diseases and Cases I
- Common Diseases and Cases II

Chinese Medical Theories I - XF32010

- Comparative Study of Western Medicine with Chinese Medicine
- Classical Theories of Chinese Medicine
- Principle Theoretical Foundation of Chinese Medicine I
- Principle Theoretical Foundation of Chinese Medicine II
- Principle Pathology & Methodology of Chinese Medicine and Acupuncture

Chinese Medical Theories II - XF42010

- Principle pathology & Methodology of Chinese Medicine and Acupuncture II
- The Four Diagnostic Methods
- Syndrome Differentiation
- Application of Syndrome Acupuncture and Chinese Medicine
- Introduction to Chinese Herbal Medicine and Acupuncture Equipment

Intermediate Master-Classes Syndrome Acupuncture

Chinese Diagnostics I & II - XI12010 & XI22010

- Diagnostic Rationale and methodology
- Observing Diagnosis
- Listening Diagnosis
- Questioning Diagnosis
- Palpating Diagnosis

Syndrome Differentiation I & II – XI32010 & XI42010

- Syndrome Differentiation
- Disease Differentiation
- Principle Methods for Syndrome Differentiation
- Procedure in Syndrome Differentiation

Electro-Acupuncture, TENS and Laser Therapy – XI52010

- Modern Acupuncture Techniques
- Electro Acupuncture and Clinical Application
- Laser Acupuncture
- TENS: Electrodes Placement and operation

Ear Acupuncture and Auriculotherapy – XI62010

- Ear acupuncture
- Scalp acupuncture
- Plum Blossom Needling

Soft Tissue Manipulation – XI72010

- Chinese Tui-Na Therapy
- Techniques
- Application
- Treatment

Chinese Internal Medicine – XI82010

- Classification of Chinese Herbs
- Chinese Herbal Formulae
- Clinical Application
- Chinese Tonics

Intermediate Master-Classes Syndrome Acupuncture

Intermediate Acupuncture I – XI92010

- One hundred commonly used acupuncture points on the fourteen meridians
- Specific Five Shu Points
- Specific Back Shu Points
- Specific Yuan and Luo Points
- Specific Eight Influential Points
- Specific Lower He-Sea Points

Intermediate Acupuncture II – XI102010

- Chinese Acupuncture – Technique and specialist Therapies
- Advanced Electro-acupuncture, TENS and Laser Therapy
- Ear Acupuncture Techniques
- Moxibustion and Cupping Therapy
- Safety of Acupuncture

Patient Care – XI112010

- Healthcare and Rehabilitation
- Common Methods of Healthcare and Rehabilitation
- Diseases

Chinese Nutrition Therapy – XI122010

- The Fundamentals of Good Health
- Process of Digestion
- Theories and Principles of Health
- Preventative Healthcare
- Dietary Therapy

Advanced Master-Classes in Syndrome Acupuncture

Pain Syndrome – XA12010

- Pathology of Pain Syndrome
- Classification and Identification of the Syndrome Types
- Treatment Principle and Methodology
- Disease Discussion

Musculoskeletal Disorders – XA22010

- Relationship to the Internal Organs and Meridians
- Pathogenicity and Pathology
- Principle and Methods of Treatment
- Disease Discussion

Chinese Gynaecology I & II – XA32010 & XA42010

- Diagnostic and Treatment Principles
- Physiology and Pathology
- Dysmenorrhoea and Amenorrhoea
- Menopausal Syndrome
- Forum Discussion

Chinese Dermatology I & II – XA52008 & XA62008

- Dermatology Physiology
- Dermatopathology
- Syndrome Differentiation
- Internal and External Treatment
- Disease Discussion
- Research update in China

Advanced Acupuncture I & II – XA72010 & XA82010

- Review and advanced study of the Chinese techniques of needle insertion
- Review and advanced study of the Chinese methods of needle manipulation
- Special techniques and application of Chinese acupuncture
- Scalp acupuncture
- Plum –Blossom needling
- Moxibustion
- Cupping
- Precautions and contraindications in acupuncture treatments
- Management of possible accidents

Advanced Master-Classes in Syndrome Acupuncture

Chinese Herbal Medicine I & II – XA92010 & XA10 2010

- Herbal Properties
- Herbal Flavours
- Meridian Tropism of Herbs
- Principle Rational of Herb Combination
- Principle of Composing a Formula
- Classification of commonly used Chinese herbs
- Classification of commonly used Chinese Herbal Formulae
- Types of Formulations

Summary Lectures I & II – XA112010 & XA122010

- Syndrome Revision
- Summary of Treatment Principles
- Disease Studies
- Chinese Medicine -Overview Discussion
- Revision of TCM Formula

Exam Preparation I & II – XA132010 & XA142010

- Exam Procedure and Discussion
- Four Diagnostic Method
- Acupuncture Revision
- Techniques in Needling Manipulation
- Clinical Demonstration
- Mock Clinical Test

Clinical Training in Syndrome Acupuncture

Clinical Tuition I & II – XC12010 & XC22010

- Important Acupuncture Points for Practise
- Discussion on Needling Techniques, Selecting Acupoints and Safety Issues.
- Chinese Herbal Medicine Prescription and Formulation
- Acupuncture Point Location and Revision of the Meridians
- Ear Acupuncture & Electro Applications
- Discussion on Clinical Exam Issues

Clinical Tuition III & IV – XC32010 & XC42010

- Patient Case Study
- Class Discussion on Patient Case Studies
- Patient Case Study Practical
- Revision of the Meridians and Important Acupoints
- Revision Continues

2010/12 Course Dates

Foundation/Basic Level

XF12010	6 March 2010	Acupuncture I
XF22010	7 March 2010	Acupuncture II
XF32010	20 March 2010	Chinese Medical Theories I
XF42010	21 March 2010	Chinese Medical Theories II
2nd Course		
F52010	4 Sept 2010	Acupuncture I <i>Mixed Group of Dr. & HC</i>
F62010	5 Sept 2010	Acupuncture II
F72010	11 Sept 2010	Chinese Medical Theories I
F82010	12 Sept 2010	Chinese Medical Theories II

Intermediate Level

XI12010	30 October 2010	Chinese Diagnostics I
XI22010	31 October 2010	Chinese Diagnostics II
XI32010	20 November 2010	Syndrome Differentiation I
XI42010	21 November 2010	Syndrome Differentiation II
XI52010	5 February 2011	Electro-Acupuncture, TENS and Laser
XI62010	6 February 2011	Ear Acupuncture and Auriculotherapy
XI72010	26 February 2011	Soft Tissue Manipulation
XI82010	27 February 2011	Chinese Internal Medicine
XI92010	19 March 2011	Intermediate Acupuncture I
XI102010	20 March 2011	Intermediate Acupuncture II
XI112010	9 April 2011	Patient Care and Clinical Techniques
XI122010	10 April 2011	Chinese Nutrition Therapy

Advanced Level

XA12010	7 May 2011	Pain Syndromes
XA22010	8 May 2011	Musculoskeletal Disorders
XA32010	11 June 2011	Chinese Gynaecology I
XA42010	12 June 2011	Chinese Gynaecology II
XA52010	10 September 2011	Chinese Dermatology I
XA62010	11 September 2011	Chinese Dermatology II
XA72010	1 October 2011	Advanced Acupuncture I
XA82010	2 October 2011	Advanced Acupuncture II
XA92010	29 October 2011	Chinese Herbal Medicine I
XA102010	30 October 2011	Chinese Herbal Medicine II
XA112010	11 February 2012	Summary Lectures I
XA122010	12 February 2012	Summary Lectures II
XA132010	19 May 2012	Exam Preparation I (Mock)
XA142010	20 May 2012	Exam Preparation II (Mock)

Clinical Training

XC12010	12 November 2011	Clinical tuition I – Point location
XC22010	13 November 2011	Clinical tuition II – Needling techniques
XC32010	17 March 2012	Clinical tuition III – Diagnostic technique in depth
XC42010	18 March 2012	Clinical tuition IV – Syndrome differentiation treatment

Examination

July 2012

Requirements for Diploma and Accreditation

1. Candidates must complete a total **2,800** study credits out of **3,040** credits detailed as below to be eligible to sit the examination:

- 2,400 course study credits (**COMPULSORY**)
- 320 clinical training credits (**COMPULSORY**)
- 200 practical case study credits (*optional*)
- 120 study assessment credits (*optional*)

	Required Credits	Subject	Credits
Course study	Foundation (320)	Syndrome Acupuncture I	80
		Syndrome Acupuncture II	80
		Chinese Medical Theories I	80
		Chinese Medical Theories II	80
	Intermediate (960)	Chinese Diagnostics I	80
		Chinese Diagnostics II	80
		Syndrome Differentiation I	80
		Syndrome Differentiation II	80
		Electro-Acupuncture, TENS and Laser	80
		Ear Acupuncture and Auriculotherapy	80
		Soft Tissue Manipulation	80
		Chinese Internal Medicine	80
		Intermediate Acupuncture I	80
		Intermediate Acupuncture II	80
		Patient Care and Clinical Techniques	80
		Chinese Nutrition Therapy	80
		Advanced (1,120)	Pain Syndromes
	Musculoskeletal Disorders		80
	Chinese Gynaecology I		80
	Chinese Gynaecology II		80
	Chinese Dermatology I		80
	Chinese Dermatology II		80
	Advanced Acupuncture I		80
	Advanced Acupuncture II		80
	Chinese Herbal Medicine I		80
	Chinese Herbal Medicine II		80
	Summary Lectures I		80
Summary Lectures II	80		
Exam Preparation I	80		
Exam Preparation II	80		
Clinical Training	320	Clinical tuition I – Point location	80
		Clinical tuition II – Needling techniques	80
		Clinical tuition III – Diagnostic technique in depth	80
		Clinical tuition IV – Syndrome differentiation treatment	80
Independent Case Study	200	20 cases (10 credits per case)	200
Study Assessment	120	24 course assessments (5 credits per assessment)	120
Total Credits			3,040

2. Candidates must pass the relevant diploma examination.

3. Study proficiency in the theory and practice of acupuncture and Chinese medicine must be approved by the Board of Governors

Events and Extra Curriculum

- **Examination and Diploma Issue**

On completion of the full course, students can attend the final examination which is held every two years. The examination is divided into two parts - part I is a written examination to assess the understanding of the basic concepts and theories in Chinese medicine and acupuncture. Part II is a clinical examination to test the practical skills and techniques of applying Chinese herbal medicine and acupuncture.

The diploma is issued and officially recognised by the Beijing University of Chinese Medicine and the AcuMedic Foundation. It entitles the bearer to the fully accredited professional membership of the Chinese Medical Institute and Register, London (CMIR).

- **Clinical Tuition**

Clinical tuition is an essential part of the course and the most effective way to train and enhance your practical skills and techniques. Clinical training is carried out under the supervision of the clinical tutors with patients at the AcuMedic Clinic. Each group consists of 6~10 students.

- **Medical Trip to China**

AcuMedic Clinical Trips to Chinese hospitals are arranged every year for the duration of approximately 2 weeks.

The tour is designed for those who wish to acquire first hand knowledge of acupuncture and Chinese medicine as practiced in Chinese hospitals, including observation, tutorial instructions, and clinical practice. Extensive sightseeing programs are arranged for the participants and their accompanying family.

- **Specialist Symposium**

From time to time specialist symposium are arranged by the course organiser for the purpose of updating and introducing the latest Chinese medicine and acupuncture related techniques from different parts of the world. This process adds an international dimension to the course.

What our students have said...



Dr F Nieuwoudt Medical Doctor

This course has made a huge difference in my clinical work in what I can offer my patients. My humble thanks to Prof. Mei, Prof. Chen and Dr Lily.



Dr Wendy Denning Medical Doctor

Excellent course – comprehensive and inclusive. What makes any course is the spirit and enthusiasm of the teachers and the course makers. It is hard to imagine more passionate and enthusiastic teachers. Thank you to all your hard efforts.



Dr Robert Trossel Medical Doctor

Excellent course which gives western trained doctors a good insight in eastern/Chinese Medicine and matches neuro-bio-energetic diagnostic measuring devices quite accurately.



Sue Ng Nurse/Midwife

I have enjoyed this two year diploma part-time course. If I had known about this course earlier I would have done it in UK instead of China. This is my recommendation to friends and colleagues to pursue this course with AcuMedic in future.



Dr K Y Ng GP

I think acupuncture works together with Chinese medicine is more effective, which gives you a holistic approach with deep understanding of the treatment in comparing trigger point acupuncture that limited to treat pain without knowing why. I have enjoyed the course and found it stimulating & challenging. It has given me an extra tool in treating my patients.



Dr Pam Herbert GP Principal

I found all the lectures most encouraging and helpful. I found they found the way to help a western trained doctor understand the Chinese medicine approach very well. I have found understanding Chinese medicine and applying it to general practice has improved my clinical skills.



Nick Pare Chiropractor/Pharmacist

The course is taught by accredited team who seek to help the candidate reach a thorough understanding of Chinese acupuncture and herbal medicine in a logical and a stress free way. The complex subject was made easier by the enthusiasm of staff to teach and excellent clinical arrangement to study real patients and practice on each other. I wish CMIR every success in the future.



Dr B P Chohan GP

Very good course with excellent lecturers, teaching materials and clinical input. (I found) trigger-point acupuncture is limited to small problems such as pain and musculoskeletal disorders while Chinese syndrome acupuncture make diagnosis and well consider all factors of the patient conditions to offer a systematic therapeutic treatment.



Elaine Gavin Physiotherapist

Wonderful course with excellent course deliverance, spent many enjoyable weekends with friends in Camden. It was taught and required more effort than I had anticipated. Was it worth it? Absolutely!



Dr Barry Graham Medical Doctor

A complicated and formidable depth of knowledge has been presented successfully in a form which can be assimilated by pupils lacking the cultural understanding in which Chinese medicine is rooted. The clinical input was excellent. I do not think any other TCM courses could match the variety of patients presented.



David Lloyd Osteopath

Outstanding tutors because their knowledge is delivered with enthusiasm and passion. Ideal course for healthcare practitioners because time is not wasted repeating lectures in anatomy and physiology.



Dr C D Thenuwara GP

I have been practicing trigger-point acupuncture for many years. The two year diploma course has been a revelation for me and opened me up with a totally new world of medicine, looking at the totality of the patients and their disease pattern reflected in the syndrome diagnosis. Absolutely brilliantly organized and efficiently conducted course.



Mr Jonathan Tarr Acupuncturist / Shiatsu teacher

I have enjoyed studying with AcuMedic and feel that the depth of knowledge from all the teachers is excellent and they are happy and willing to pass this on.



Syndrome Acupuncture & Chinese Medicine

Healthcare Course Booking Form 2010

*All courses are charged at **£180 per day** which includes*

Extensive course notes, case studies, patient demonstrations, refreshments and Chinese buffet lunch
10% discount is given for early-bird booking and 20% subject to full diploma course booking in advance.

Total cost of the Full Diploma Course £6,120.00

- 1. a - I wish to book the Foundation Course (Two Weekends) for £720.00
(Book six months prior before the course is due to start qualifies for a 10% discount =£648.00)
- 1. b- I wish to continue the rest of the Intermediate, Advanced Courses & Clinical at £4860.00
(£5,400.00 discounted at 10%) to be paid in two instalments for the diploma course excluding examination fee.
- 2. - I wish to book the Full Diploma Course (Seventeen Weekends) at £4,896.00
(£6,120.00 Discounted at 20%) excluding examination fee.

***Examination Fee is to be made after completing the advanced modules.**

Payment Method

- Please debit my credit card for £ _____
Card No. _____ Exp. __/__/__ Security Code (last three digits at back of the card) ___
- I enclose a cheque made payable to AcuMedic Foundation for £ _____

Please send me

Please tick

- Hotel Information
- Map to AcuMedic
- Diploma Course Syllabus

Your details

Name _____ Title _____
 Address _____ Post Code _____
 Daytime Telephone _____ Mobile _____
 Email _____ Fax (if applicable) _____

I am:

- Physiotherapist
- State Registered Nurse
- Osteopath
- Other (Please state) _____

Important: Please enclose copies of certificates of your professional training/qualifications

Payment, Cancellations and Refunds

Payment is to be made in advanced before attending the course. We only accept cancellation for a refund in writing 20 working days before the course date. A 5% administration fee will be charged.

Refunds cannot be given for cancellations made less than 20 working days prior to the course date.

Course Changes

Course modules are subject to change and availability, advance notice will be given – AcuMedic Foundation reserves the right of explanation.

I understand the above terms and conditions.

Signature _____ Date _____

Please return to: AcuMedic Foundation 101-105 Camden High Street, London NW1 7JN