



**CPD  
Approved**

## **Postgraduate Diploma Course in Syndrome Acupuncture & Chinese Medicine for Doctors 2010/2012**

*Organised by:*

The AcuMedic Foundation, (London) &  
The Beijing University of Chinese Medicine (Beijing)

*Accredited by:*

The Chinese Medical Institute and Register (CMIR)

Acupuncture is increasingly being adopted by the NHS and the medical professions. This course has been formulated jointly by the **Chinese Medical Institute and Register (CMIR)** and the **Beijing University of Chinese Medicine**. This acclaimed course is popular with doctors and has been conducted since 1994.

This course teaches you Syndrome Acupuncture (Mainstream acupuncture as practised in China). It is unmatched in expertise and flexibility and is extremely hands on, with patient demonstrations and clinical tuition. Each module (day) can be taken as part of the diploma course, on its own as a one-off course, or in any combination with any of the rest of the foundation, and Intermediate levels. A certificate of attendance will be issued for those who decide to take one or a combination of modules without taking the full diploma course.

All modules (days) are charged at £180, to include: Extensive course notes, needles, patients for case studies, refreshments and lunch. Practical sessions with patients are carried out on each module with professors and doctors from the Beijing University of Chinese Medicine as well as experts from other institutions. The intensive clinical trainings are also organised separately throughout the course study. The Medical Trip to China will give you the first hand knowledge of acupuncture and Chinese medicine as practiced in Chinese hospitals, including observation, tutorial instructions, and clinical practice. Each session is held at the Main AcuMedic Centre in London, Camden.

**Contact the Course Administrator: 101-105 Camden High Street, London, NW1 7JN  
Tel: 020 7388 6704 Fax: 020 7387 8081/5766 Email [courses@acumedic.com](mailto:courses@acumedic.com)**

**[www.acumedic.com](http://www.acumedic.com)**

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## Welcome

Dear Doctor,

Thank you for your enquiry for our PGEA approved postgraduate diploma course in Syndrome Acupuncture & Chinese Medicine (DCMAc) for medical doctors.

The course is well received by our attendants, encouraging acclaims from doctors of different disciplines. This is one of the best structured courses which teach mainstream acupuncture as practised in China with practical sessions and patient's demonstration. It is organised by the top acupuncturist and Chinese Medicine University with the approval of the State Administration of Chinese Medicine in China. Accredited candidates can join the CMIR as part of the register.

The Foundation level and Intermediate Master Classes are organised in such a way to meet your own level of requirements and time availability.

The acupuncture taught in this course is Chinese syndrome acupuncture as used by mainstream medicine in Asia, as opposed to the much simplified trigger point acupuncture predominantly taught in the west. If you are already practising acupuncture, this course will still be of great value in expanding your knowledge base, especially in terms of theoretic understanding, diagnosis and clinical expertise.

Confirmation details of programme, hotel, car parking etc. will be sent to you upon receiving your booking.

We look forward to hearing from you.

Yours Sincerely,



Professor Man Fong Mei  
Course Organiser

## Entry Requirements

- Medical doctors who registered with General Medical Council (GMC), or
- Equivalent overseas GMC doctors.
- Proof of the above qualifications is required.

## Fees, Cancellations and Refunds, Transfers

### *Fees:*

Modules (days) are charged at £180.00. This includes extensive course notes, needles, patients for case demonstrations, refreshments and a Chinese buffet lunch. Prices include VAT.

- *Book 4 modules Foundation Course three months prior before the course due to start qualifies for 10% discount (£720.00 less £72.00) **£648.00***
- *Book 12 modules Intermediate Course in advance qualifies for 10% discount (£2,160.00 less £216.00) **£1,944.00***
- *Book 12 modules Advanced Course in advance qualifies for 10% discount (£2,160.00 less £216.00) **£1,944.00***
- *Book 4 modules Clinical Training in advance qualifies for 10% discount (£720.00 less £72.00) **£648.00***
- *Book complete 32 modules Diploma Course in advance qualifies for 20% discount (£5,760.00 less £1,152.00) **£4,608***
- *Examination Fee to be made after completing the Advanced Course*

Courses are in high demand and places are limited, participants are advised to book early to secure a place on the course.

### *Cancellations and Refunds*

We only accept cancellations for a refund in writing 20 working days before the course date. A 5% administration fee will be charged. Refunds cannot be given for cancellations made less than 20 working days prior to the course date..

### *Transfers*

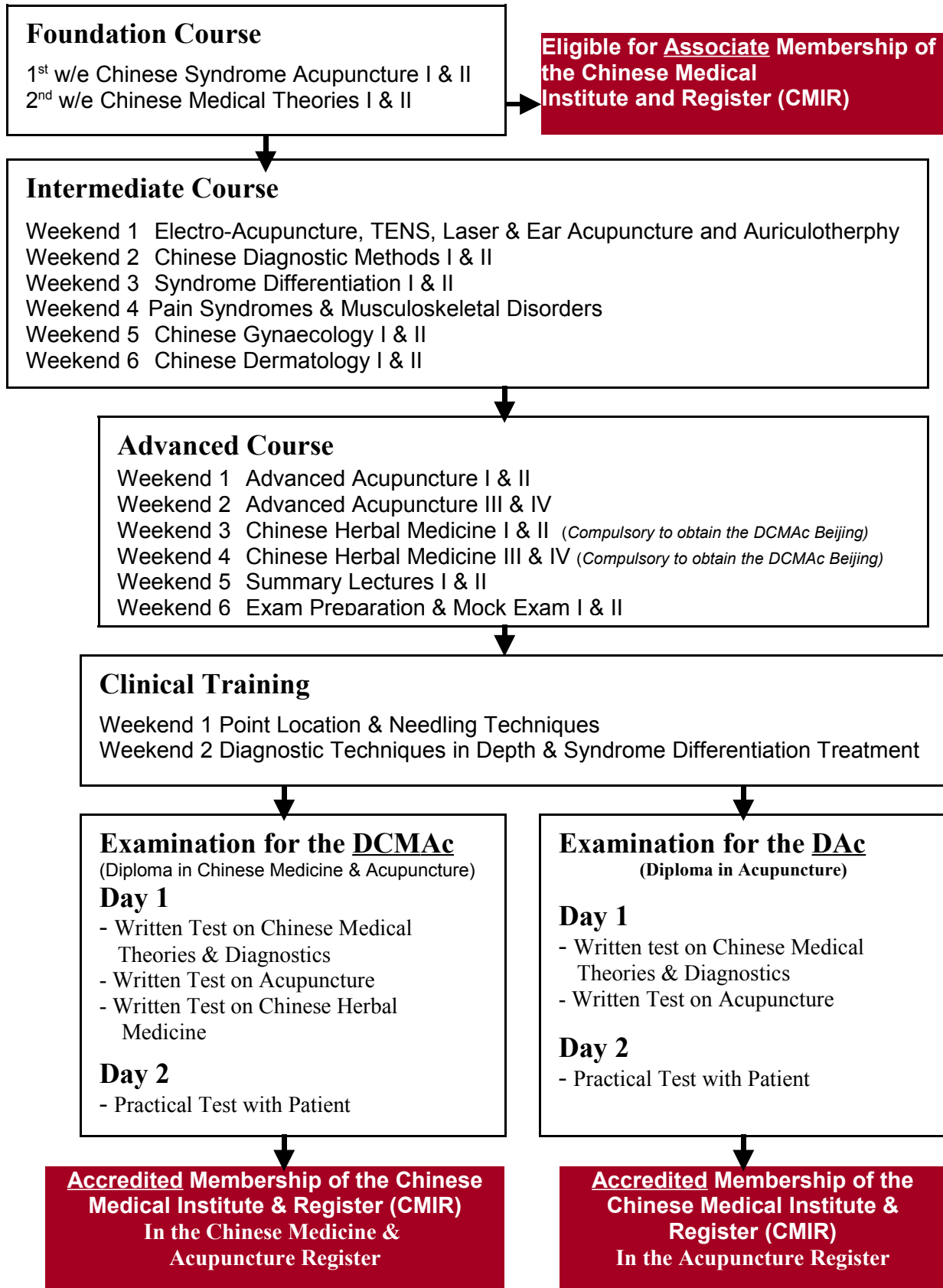
There will be no charge applied if a request for a transfer is made in writing one week before the course date.

### *Course Changes*

Course modules are subject to change and availability, advanced notice will be given- AcuMedic Foundation reserves the right of explanation.

# CPD Approved Postgraduate Diploma Course in Acupuncture and Chinese Medicine (DCMAc/DAc)

## Course Structure



# Foundation Course in Syndrome Acupuncture

## **Syndrome Acupuncture I – F12010**

- Meridians and Modern Research
- Medical Application and Effect of Acupuncture
- Classification and Therapeutic Properties of Acupoints
- Method of Locating Acupoints
- Commonly Used Acupoints
- Ear Acupuncture and Moxibustion (introduction)

## **Syndrome Acupuncture II – F22010**

- Commonly Used Acupoints
- Modern Techniques in Acupuncture
- Principle in Selecting Acupoints
- Common Diseases and Cases I
- Common Diseases and Cases II

## **Chinese Medical Theories I – F32010**

- Comparative Study of Western Medicine with Chinese Medicine
- Classical Theories of Chinese Medicine
- Principle Theoretical Foundation of Chinese Medicine I
- Principle Theoretical Foundation of Chinese Medicine II
- Principle Pathology & Methodology of Chinese Medicine and Acupuncture

## **Chinese Medical Theories II – F42010**

- Principle pathology & Methodology of Chinese Medicine and Acupuncture II
- The Four Diagnostic Methods
- Syndrome Differentiation
- Application of Syndrome Acupuncture and Chinese Medicine
- Introduction to Chinese Herbal Medicine and Acupuncture Equipment

## **Intermediate Master-Classes in Syndrome Acupuncture**

### **Electro-Acupuncture, TENS and Laser Therapy – II2010**

- Modern Acupuncture Techniques
- Electro Acupuncture and Clinical Application
- Laser Acupuncture
- TENS: Electrodes Placement and operation

### **Ear Acupuncture and Auriculotherapy – I22010**

- Ear acupuncture
- Scalp acupuncture
- Plum Blossom Needling

### **Chinese Diagnostics I & II - I32010 & I42010**

- Diagnostic Rationale and methodology
- Observing Diagnosis
- Listening Diagnosis
- Questioning Diagnosis
- Palpating Diagnosis

### **Syndrome Differentiation I & II – I52010 & I62010**

- Syndrome Differentiation
- Disease Differentiation
- Principle Methods for Syndrome Differentiation
- Procedure in Syndrome Differentiation

### **Pain Syndrome – I72010**

- Pathology of Pain Syndrome
- Classification and Identification of the Syndrome Types
- Treatment Principle and Methodology
- Disease Discussion

## **Intermediate Master-Classes in Syndrome Acupuncture**

### **Musculoskeletal Disorders – I82010**

- Relationship to the Internal Organs and Meridians
- Pathogenicity and Pathology
- Principle and Methods of Treatment
- Disease Discussion

### **Chinese Gynaecology I & II – I92010 & I102010**

- Diagnostic and Treatment Principles
- Physiology and Pathology
- Dysmenorrhoea and Amenorrhoea
- Menopausal Syndrome
- Forum Discussion

### **Chinese Dermatology I & II – I112010 & I122010**

- Dermatology Physiology
- Dermatopathology
- Syndrome Differentiation
- Internal and External Treatment
- Disease Discussion
- Research update in China

## **Advanced Master-Classes in Syndrome Acupuncture**

### **Advanced Acupuncture I & II – A12010 & A22010**

- One hundred commonly used points on the fourteen meridians
- Five Shu Points
- Back Shu Points
- Yuan and Luo Points
- Eight Influential Points
- Lower He-Sea Points

### **Advanced Acupuncture III & IV – A32010 & A42010**

- Review and advanced study of the Chinese techniques of needle insertion
- Review and advanced study of the Chinese methods of needle manipulation
- Special techniques and application of Chinese acupuncture
- Scalp acupuncture
- Plum –Blossom needling
- Moxibustion
- Cupping
- Precautions and contraindications in acupuncture treatments
- Management of possible accidents

## **Advanced Master-Classes in Syndrome Acupuncture**

### **Chinese Herbal Medicine I & II – A52010 & A62010**

- Herbal Properties
- Herbal Flavours
- Meridian Tropism of Herbs
- Principle Rational of Herb Combination
- Principle of Composing a Formula
- Classification of commonly used Chinese herbs
- Classification of commonly used Chinese Herbal Formulae
- Types of Formulations

### **Chinese Herbal Medicine III & IV – A72010 & A82010**

- Herbal formulas for
- Influenza and the common cold
- Hay fever
- Hepatitis
- Dysentery
- Bronchitis
- Bronchial Asthma
- Pulmonary heart disease
- Coronary heart disease
- Arrhythmia
- Hypertension
- Edema
- Numbness of limbs

### **Summary Lectures I & II – A92010 & A102010**

- Syndrome Revision
- Summary of Treatment Principles
- Disease Studies
- Chinese Medicine -Overview Discussion
- Revision of TCM Formula

### **Exam Preparation I & II – A112010 & A122010**

- Exam Procedure and Discussion
- Four Diagnostic Method
- Acupuncture Revision
- Techniques in Needling Manipulation
- Clinical Demonstration
- Mock Clinical Test

## **Clinical Training in Syndrome Acupuncture**

### **Clinical Tuition I & II – C12010 & C22010**

- Important Acupuncture Points for Practise
- Discussion on Needling Techniques, Selecting Acupoints and Safety Issues.
- Chinese Herbal Medicine Prescription and Formulation
- Acupuncture Point Location and Revision of the Meridians
- Ear Acupuncture & Electro Applications
- Discussion on Clinical Exam Issues

### **Clinical Tuition III & IV – C32010 & C42010**

- Patient Case Study
- Class Discussion on Patient Case Studies
- Patient Case Study Practical
- Revision of the Meridians and Important Acupoints
- Revision Continues

## **2010/12 Course Dates for Doctors in Acupuncture and Chinese Medicine (DCMAc/DAc)**

### **Foundation/ Basic Level**

F12010	12 June 2010	Acupuncture I
F22010	13 June 2010	Acupuncture II
F32010	26 June 2010	Chinese Medical Theories I
F42010	27 June 2010	Chinese Medical Theories II

<b>2<sup>nd</sup> Course</b>	F52010	4 Sept 2010	Acupuncture I	<i>Mixed group Dr. &amp; HC</i>
	F62010	5 Sept 2010	Acupuncture II	
	F72010	11 Sept 2010	Chinese Medical Theories I	
	F82010	12 Sept 2010	Chinese Medical Theories II	

### **Intermediate Master-Classes**

I12010	23 October 2010	Electro-Acupuncture, TENS and Laser
I22010	24 October 2010	Ear Acupuncture and Auriculotherapy
I32010	6 November 2010	Chinese Diagnostics I
I42010	7 November 2010	Chinese Diagnostics II
I52010	29 January 2011	Syndrome Differentiation I
I62010	30 January 2011	Syndrome Differentiation II
I72010	19 February 2011	Pain Syndromes
I82010	20 February 2011	Musculoskeletal Disorders
I92010	12 March 2011	Chinese Gynaecology I
I102010	13 March 2011	Chinese Gynaecology II
I112010	2 April 2011	Chinese Dermatology I
I122010	3 April 2011	Chinese Dermatology II

### **Advanced Level Master-Classes**

A12010	14 May 2011	Acupuncture I
A22010	15 May 2011	Acupuncture II
A32010	4 June 2011	Acupuncture III
A42010	5 June 2011	Acupuncture IV
A52010	3 September 2011	Chinese Herbal Medicine I
A62010	4 September 2011	Chinese Herbal Medicine II
A72010	24 September 2011	Chinese Herbal Medicine III
A82010	25 September 2011	Chinese Herbal Medicine IV
A92010	4 February 2012	Summary Lectures I
A102010	5 February 2012	Summary Lectures II
A112010	12 May 2012	Exam Preparation I (Mock)
A122010	13 May 2012	Exam Preparation II (Mock)

### **Clinical Training**

<b>C12010</b>	<b>5 November 2011</b>	Clinical tuition I – Point location
<b>C22010</b>	<b>6 November 2011</b>	Clinical tuition II – Needling techniques
C32010	3 March 2012	Clinical tuition III – Diagnostic technique in depth
C42010	4 March 2012	Clinical tuition IV–Syndrome differentiation treatment

### **Examination**

**July 2012**

## Requirements for Diploma and Accreditation

1. **Doctors (GMC registered doctors or equivalent overseas GMC doctors) must complete a total of 2,600 study credits out of 2,880 credits detailed as below to be eligible to sit the examination:**

- 2,240 course study credits (**COMPULSORY**)
- 320 clinical training credits (**COMPULSORY**)
- 200 independent case study credits (*Optional*)
- 120 study assessment credits (*Optional*)

	Required Credits	Subject	Credits
<b>Course study</b>	<b>Foundation Course (320)</b>	Acupuncture I	80
		Acupuncture II	80
		Acupuncture III	80
		Acupuncture IV	80
	<b>Intermediate Course (960)</b>	Electro-Acupuncture, TENS and Laser	80
		Ear Acupuncture and Auriculotherapy	80
		Chinese Diagnostics I	80
		Chinese Diagnostics II	80
		Syndrome Differentiation I	80
		Syndrome Differentiation II	80
		Pain Syndromes	80
		Musculoskeletal Disorders	80
		Chinese Gynaecology I	80
		Chinese Gynaecology II	80
		Chinese Dermatology I	80
		Chinese Dermatology II	80
	<b>Advanced Course (960)</b>	Advanced Acupuncture I	80
		Advanced Acupuncture II	80
		Advanced Acupuncture III	80
		Advanced Acupuncture IV	80
		Chinese Herbal Medicine I	80
		Chinese Herbal Medicine II	80
		Chinese Herbal Medicine III	80
		Chinese Herbal Medicine IV	80
		Summary Lectures I	80
		Summary Lectures II	80
<b>Clinical Training</b>	<b>320</b>	Clinical tuition I – Point location	80
		Clinical tuition II – Needling techniques	80
		Clinical tuition III – Diagnostic technique in depth	80
		Clinical tuition IV – Syndrome differentiation treatment	80
<b>Independent Case Study</b>	<b>200</b>	20 cases (10 credits per case)	<b>200</b>
<b>Study Assessment</b>	<b>120</b>	24 course assessments (5 credits per assessment)	<b>120</b>
<b>Total Credits</b>			<b>2,880</b>

2. **Candidates must pass the relevant diploma examination**

3. **Study proficiency in the theory and practice of acupuncture and Chinese medicine must be approved by the Board of Governors**

## Events and Extra Curriculum

- **Examination and Diploma Issue**

On completion of the full course, students can attend the final examination which is held every two years. The examination is divided into two parts - part I is a written examination to assess the understanding of the basic concepts and theories in Chinese medicine and acupuncture. Part II is a clinical examination to test the practical skills and techniques of applying Chinese herbal medicine and acupuncture.

The diploma is issued and officially recognised by the Beijing University of Chinese Medicine and the AcuMedic Foundation. It entitles the bearer to the fully accredited professional membership of the Chinese Medical Institute and Register, London (CMIR).

- **Clinical Tuition**

Clinical tuition is an essential part of the course and the most effective way to train and enhance your practical skills and techniques. Clinical training is carried out under the supervision of the clinical tutors with patients at the AcuMedic Clinic. Each group consists of 6~10 students.

- **Medical Trip to China**

AcuMedic Clinical Trips to Chinese hospitals are arranged every year for the duration of approximately 2 weeks.

The tour is designed for those who wish to acquire first hand knowledge of acupuncture and Chinese medicine as practiced in Chinese hospitals, including observation, tutorial instructions, and clinical practice. Extensive sightseeing programs are arranged for the participants and their accompanying family.

- **Specialist Symposium**

From time to time specialist symposium are arranged by the course organiser for the purpose of updating and introducing the latest Chinese medicine and acupuncture related techniques from different parts of the world. This process adds an international dimension to the course.

## What our students have said...



**Dr F Nieuwoudt Medical Doctor**

*This course has made a huge difference in my clinical work in what I can offer my patients. My humble thanks to Prof. Mei, Prof. Chen and Dr Lily.*



**Dr K Y Ng GP**

*I think acupuncture works together with Chinese medicine is more effective, which gives you a holistic approach with deep understanding of the treatment in comparing trigger point acupuncture that limited to treat pain without knowing why. I have enjoyed the course and found it stimulating & challenging. It has given me an extra tool in treating my patients.*



**Dr Pam Herbert GP Principal**

*I found all the lectures most encouraging and helpful. I found they found the way to help a western trained doctor understand the Chinese medicine approach very well. I have found understanding Chinese medicine and applying it to general practice has improved my clinical skills.*



**Dr Wendy Denning Medical Doctor**

*Excellent course – comprehensive and inclusive. What makes any course is the spirit and enthusiasm of the teachers and the course makers. It is hard to imagine more passionate and enthusiastic teachers. Thank you to all your hard efforts.*



**Dr M Ahmadi-Lari Medical Doctor**

*I very much enjoyed the course. It was an excellent learning experience. I particularly enjoyed the management of skin disorders and allergic diseases. I feel that it has greatly complemented my medical knowledge and I feel that acupuncture and herbal medicine can be extremely beneficial in the treatment of many conditions which have failed to respond to medical treatment.*



**Dr B P Chohan GP**

*Trigger-point acupuncture is limited to small problems such as pain and musculoskeletal disorders while Chinese syndrome acupuncture make diagnosis and well consider all factors of the patient conditions which offer a systematic therapeutic treatment. Very good course with excellent lecturers, teaching materials and clinical input.*



**Dr C D Thenuwara GP**

*I have been practicing trigger-point acupuncture for many years. The two year diploma course has been a revelation for me in terms of the diagnosis of disease according to TCM principles and treatment with acupuncture, herbs, massage etc. This experience has opened me up with a totally new world of medicine, looking at the totality of the patients and their disease pattern reflected in the syndrome diagnosis. Absolutely brilliantly organized and efficiently conducted course.*



**Dr Robert Trossel Medical Doctor**

*Excellent course which gives western trained doctors a good insight in eastern/Chinese Medicine and matches neuro-bio-energy diagnostic measuring devices quite accurately.*



**Dr Barry Graham Medical Doctor**

*A complicated and formidable depth of knowledge has been presented successfully in a form which can be assimilated by pupils lacking the cultural understanding in which Chinese medicine is rooted. The clinical input was excellent. I do not think any other TCM courses could match the variety of patients presented.*



**Syndrome Acupuncture & Chinese Medicine**

**Doctor's Course Booking Form 2010**

*All courses are charged at £180 per day which includes Extensive course notes, case studies, patient demonstrations, refreshments and Chinese buffet lunch*  
10% discount is given for early-bird booking and 20% subject to full diploma course booking in advance.

**Total cost of the Full Diploma Course £5,760.00**

- 1. a - I wish to book the Foundation Course (Two Weekends) for £720.00**  
(Book three months prior before the course is due to start qualifies for a 10% discount = £648.00)
- 1. b- I wish to continue the rest of the Intermediate, Advanced Courses & Clinical at £4,536.00**  
(£5,040.00 discounted at 10%) to be paid in two instalments for the diploma course excluding examination fee.
- 2. - I wish to book the Full Diploma Course (Sixteen Weekends) at £4,608.00**  
(£5,760.00 Discounted at 20%) excluding examination fee.

**\*Examination Fee is £300.00 to be made after completing the advanced modules.**

**Payment Method**

- Please debit my credit card for £ \_\_\_\_\_  
Card No. \_\_\_\_\_ Exp. \_\_/\_\_/\_\_ Security Code (last three digits at back of the card) \_\_\_\_
- I enclose a cheque made payable to AcuMedic Foundation of £ \_\_\_\_\_

**Please send me**

Please tick

- Hotel Information
- Map to AcuMedic
- Diploma Course Syllabus

**Your details**

Name/ Dr \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_ Post Code \_\_\_\_\_  
Daytime Telephone \_\_\_\_\_ Mobile \_\_\_\_\_  
Email \_\_\_\_\_ Fax (if applicable) \_\_\_\_\_

**I am:**

- Registered Doctor Reg No. \_\_\_\_\_  GP/Hospital Doctor Dept. \_\_\_\_\_
- EU/Overseas Doctor Reg No. \_\_\_\_\_

**Payment, Cancellations and Refunds**

Payment is to be made in advanced before attending the course. We only accept cancellation for a refund in writing 20 working days before the course date. A 5% administration fee will be charged.  
Refunds cannot be given for cancellations made less than 20 working days prior to the course date.

**Course Changes**

Course modules are subject to change and availability, advance notice will be given –  
AcuMedic Foundation reserves the right of explanation.

**I understand the above terms and conditions.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please return to: AcuMedic Foundation 101-105 Camden High Street, London NW1 7JN**

*Syndrome Acupuncture & Chinese Medicine Course for Doctors*



**Syndrome Acupuncture & Chinese Medicine  
Foundation Course**

**Doctor's Foundation Booking Form 2010**

*All courses are charged at £180 per day which includes Extensive course notes, case studies, patient demonstrations, refreshments and Chinese buffet lunch*

First Group:

XF12010	6 March 2010	<b>Syndrome Acupuncture I</b>	£180.00
XF22010	7 March 2010	<b>Syndrome Acupuncture II</b>	£180.00
XF32010	20 March 2010	<b>Chinese Medical Theories I</b>	£180.00
XF42010	21 March 2010	<b>Chinese Medical Theories II</b>	£180.00

Second Group:

F12010	12 June 2010	<b>Syndrome Acupuncture I</b>	£180.00
F22010	13 June 2010	<b>Syndrome Acupuncture II</b>	£180.00
F32010	26 June 2010	<b>Chinese Medical Theories I</b>	£180.00
F42010	27 June 2010	<b>Chinese Medical Theories II</b>	£180.00

Third Group:

F52010	4 Sept 2010	<b>Syndrome Acupuncture I</b>	£180.00
F62010	5 Sept 2010	<b>Syndrome Acupuncture II</b>	£180.00
F72010	11 Sept 2010	<b>Chinese Medical Theories I</b>	£180.00
F82010	12 Sept 2010	<b>Chinese Medical Theories II</b>	£180.00

**Payment Method:** **Foundation Course £720.00 for Two Weekend**  
*\*Book the course in one full payment receives a 10% discount*

- Call AcuMedic on **020 7388 6704** for course enquiry or course payment.
- Please debit my credit card for £ \_\_\_\_  
 Card No. \_\_\_\_\_ Exp. \_\_/\_\_/\_\_ Security Code (last three digits at back of the card) \_\_\_\_
- I enclose a cheque made payable to AcuMedic Foundation for £ \_\_\_\_

**Please send me**

- Please tick
- Hotel Information
  - Map
  - Full Diploma Course Syllabus

**Your details**

Name/ Dr \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_ Post Code \_\_\_\_\_  
 Daytime Telephone \_\_\_\_\_ Mobile \_\_\_\_\_  
 Email \_\_\_\_\_ Fax (if applicable) \_\_\_\_\_

**I am:**

- Registered Doctor Reg No. \_\_\_\_\_  GP/Hospital Doctor Dept. \_\_\_\_\_
- EU/Overseas Doctor Reg No. \_\_\_\_\_

**Please return to:**  
**The AcuMedic Foundation**  
 101-105 Camden High Street, London, NW1 7JN.  
 Telephone: 020 7388 6704 Fax: 020 7387 8081 Email: [courses@acumedic.com](mailto:courses@acumedic.com) [www.acumedic.com](http://www.acumedic.com)